



ADDICTIONS AND MENTAL HEALTH SERVICES

HASTINGS PRINCE EDWARD

Addictions and Mental Health Services-Hastings Prince Edward (AMHS-HPE) is a community-based addictions and mental health agency that provides client-centered services and supports at no cost to individuals sixteen and older who are affected by substance use and/or serious mental illness or mental health issues.

Services are offered throughout all of Hastings and Prince Edward Counties and can be delivered in an individual's home, the community, or one of our office locations. Our main office is located in Belleville and our satellite offices are situated in Bancroft, Tweed, Picton, and Trenton.

AMHS-HPE Programs Offered in North Hastings

Central Intake (310-OPEN)

- Confidential service providing timely information, screening, connection, and referrals to AMHS-HPE programs and services as well as to other addiction and mental health service providers throughout Hastings and Prince Edward Counties.
- Call 310-OPEN or optional 24/7 online referral at www.hopedreamrecover.ca

Mental Health

- *Emergency Room Diversion Case Management*
 - This transitional program offers a variety of services that are essential to connecting you with community supports and services aimed at meeting your recovery goals and needs, as well as reducing your use of the ER.
- *Mental Health Case Management*
 - A Case Manager will help you navigate the system, set goals and get/stay connected to services that are important to you as you work towards wellness. Support and advocacy are considered key components when assisting you to reach your goals and meet your needs.
- *One Step Single Session Therapy*
 - Access to clinical counselling/therapy on an as-needed basis for a stand-alone session. Appointment availability is first come, first served and follow-up sessions will not be scheduled at time of appointment. Available Monday-Friday from 9am – 5pm by calling 310-OPEN. Not available on statutory holidays.
- *OPEN Access*
 - Access to mental health case management services on an as-needed basis for a stand-alone session. Appointment availability is first come, first served and follow-up sessions will not be scheduled at time of appointment. Available Monday-Friday from 12:30pm – 4:30pm by calling 310-OPEN. Not available on statutory holidays.

- *Transitional Case Management*
 - This program focuses on providing short-term, transitional support to individuals our staff have recognized as requiring a rapid response to address immediate needs. Focusing on your goals and needs, this worker will help you identify and connect with community supports and services that promote stability and well-being.

Addictions Treatment and Substance Use

The Addictions Program assists individuals and their families in their efforts to reduce the harmful effects of problematic substance use and/or gambling. The Mental Health program provides services and supports to individuals who are affected by severe and persistent mental illness.

- *Addictions Treatment*
 - An Addictions Counsellor will provide services including staged screening and assessment, treatment planning, referrals, lifestyle and personal counselling and relapse prevention.
- *Addictions Supportive Housing (ASH)*
 - This program is designed to help individuals with problematic substance use that are having trouble obtaining/maintaining housing and seeking support to make positive changes in their life. ASH is not an emergency housing program and there is limited availability.
- *Mobile Community Withdrawal Services*
 - This program provides service to individuals so that they are able to safely withdraw in the community or location of their choice and will be tailored to the needs of the client and their significant other. Service includes assessment, medicated assisted treatment, referrals (where necessary), symptom monitoring, strategies for initiating change, and service navigation.
- *Opioid Management Program*
 - In partnership with other providers, the Opioid Management Program provides assessment and treatment planning, linkage to primary care for management of withdrawal and substitution treatment, education, individual case management and psychotherapy, linkage to peer support and relapse prevention.
- *OPEN Access*
 - Access to addictions counselling services on an as-needed basis for a stand-alone session. Appointment availability is first come, first served and follow-up sessions will not be scheduled at time of appointment. Available Monday-Friday from 11:30am – 4pm by calling 310-OPEN. Not available on statutory holidays.

Housing and Housing Supports

- *Housing Resource and Housing Coordination*
 - Our Housing Co-ordinator can provide individuals with a mental health concern with housing listings and give some pointers on how to resolve any housing issues/needs. If needed, clients are provided with one-on-one help to secure housing. The Housing Co-

ordinator works directly with landlords and income supports to make the move as easy as possible.

Justice-Related Programs

- ***Court Diversion Case Management***
 - This program provides direct service to individuals who have a mental illness and who have been charged with a minor offence. To be eligible for the Court Diversion Program individuals must:
 - ✓ be diagnosed with a serious mental illness;
 - ✓ be 16 years of age or older;
 - ✓ have been charged with a minor offence;
 - ✓ agree to participate in the Mental Health Diversion Program, as it is strictly voluntary;
 - ✓ be recommended by the Crown Attorney
- ***IMPACT (Integrated Mobile Police and Co-Response Team)***
 - This program is a collaborative partnership between AMHS-HPE, Bancroft Ontario Provincial Police, and Quinte Health Care. Referrals are accepted from police ***only***. IMPACT provides mental health and addictions supports and services to individuals and/or their caregivers who have become involved with police and require assistance with assessment of immediate and ongoing needs, intervention and stabilization, service navigation and linkages to supports and resources, as well as follow-up through transitional case management where required.

310-OPEN

www.hopedreamrecover.ca