



ADDICTIONS AND MENTAL HEALTH SERVICES  
HASTINGS PRINCE EDWARD

# OPEN ACCESS

310-OPEN | 1-888-292-0208

PHONES ARE  
OPEN:  
MONDAY,  
WEDNESDAY,  
THURSDAY,  
FRIDAY  
8:30AM – 4:30PM  
Tuesday  
9:30 – 5:30

## NO APPOINTMENT NECESSARY

First come, first served basis  
Stand-alone sessions  
Follow-up appointments will  
not be scheduled  
Option to return to  
**OPEN ACCESS** if you choose

## ACCESS TO:

- ✓ **Central Intake** – Same day intake for mental health and addictions
- ✓ **Addictions Counselling** – Provide support, information, explore harm reduction strategies and referral to mutual aid groups/more intensive services if needed.
- ✓ **Mental Health Case Management** – Provide single session supportive counselling, information, and service navigation for further support

All **OPEN ACCESS** services require a one-time brief assessment and data collection. This will be completed with the staff person at your first session and will not need to be repeated if you return.

➔ **310-OPEN**

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**[hopedreamrecover.ca](http://hopedreamrecover.ca)**